



## **LUNCH MENU**

**Monday, 20.09.2021**

**Spring rolls<sup>(1,3, 6)</sup>, with rice and vegetables 🌿**

**Tuesday, 21.09.2021**

**Bratwurst (chicken or veggie) with potatoes and vegetables**

**Wednesday, 22.09.2021**

**Baked Gnocchi <sup>(1,3,7)</sup> 🌿**

**Thursday, 23.09.2021**

**Maple glazed chicken leg with rosemary potatoes**

**Friday, 24.09.2021**

**Shepherds pie (beef) <sup>(7)</sup>**

**or Rice pudding <sup>(7)</sup> with warm mixed berries 🌿**

**Monday, 27.09.2021**

**Penne <sup>(1,3)</sup> Bolognese (beef) or marinara 🌿**

**Tuesday, 28.09.2021**

**Fish sticks <sup>(1,4)</sup> with mashed potatoes <sup>(7)</sup> and vegetables**

**Wednesday, 29.09.2021**

**Macaroni and cheese casserole<sup>(1,3,7)</sup> 🌿**

**Thursday, 30.09.2021**

**Turkey gyros or falafel 🌿 with rice and vegetables and tzatziki <sup>(7)</sup>**

**Friday, 01.10.2021**

**Chicken nuggets or veggie nuggets 🌿 with rice and vegetables**

Allergene & Zusatzstoffe/Allergens & Additives : 1. Gluten 2. Krebstiere/Shellfish 3. Eier/Egg 4. Fische/Fish 5. Erdnüsse/peanuts  
6. Sojabohne/Soybeans  
7. Milch & Laktose/Milk and Lactose 8. Schalenfrüchte/Nuts 9. Sellerie/Celeriac 10. Senf/Mustard 11. Sesamsamen/Sesame seeds  
12. Schwefeldioxid/Sulfites  
13. Lupine/Lupines 14. Weichtiere/Molluscs 15. Farbstoff/Colourant 16. Konservierungsstoff/Preservatives  
17. Antioxidationsmittel/Antioxidants  
18. Geschmacksverstärker/Flavor enhancer 19. Geschwärzt/Blackened 20. Gewachst/Waxed 21. Phosphat/Phosphates 23. Süßungsmittel/  
Artificial sweetener  
24. Phenylalalin/Phenylalalin 25. Chininhaltig/Conatins Chinin